

Andropause

Men enter Andropause with more gradual changes than women. They slowly experience a decline in sexual vigor and performance. Because the process is gradual, men typically don't seek medical attention until they start experiencing problems with their health.

The symptoms of Andropause include but not limited to:

- Diminished sexual desire
- Mood changes
- decreased lean body mass
- loss of hair
- decrease in bone density which leads to various fractures
- increase in fat surrounding the inner organs.

The treatment may include Bio-identical androgen replacement. It comes in injections, creams or gels.

Thorough evaluation and testing will be done prior prescribing any BHRT.